

Luke 1:39-45

*And Mary arose in those days, and went into the hill country with haste, into a city of Juda;
And entered into the house of Zacharias, and saluted Elisabeth.
And it came to pass, that, when Elisabeth heard the salutation of Mary, the babe leaped in her
womb; and Elisabeth was filled with the Holy Ghost:
And she spake out with a loud voice, and said, Blessed art thou among women, and blessed is
the fruit of thy womb.
And whence is this to me, that the mother of my Lord should come to me?
For, lo, as soon as the voice of thy salutation sounded in mine ears, the babe leaped in my womb
for joy.
And blessed is she that believed: for there shall be a performance of those things which were told
her from the Lord.*

Luke 1:39-45 focuses on **Mary's journey to Elizabeth**, highlighting themes of **making space for God and others, the joy of faith**, and **God's promises being fulfilled**. Key points include Elizabeth's supernatural recognition of Jesus in Mary's womb and her powerful blessing upon Mary, while Mary finds comfort and confirmation of the angel's message from her relative. The passage is a reminder that God is present in the waiting, and His work unfolds through both miraculous and ordinary moments of human connection.

- Mary's journey wasn't casual; it was "with haste". She had just received life-altering news and needed to share it with someone who would understand.
 - **Reflection:** In this Advent season, who do you need to share "God-news" with? Who do you turn to when your life is undergoing a great change?
- The moment Elizabeth hears Mary's greeting, her baby—John the Baptist—leaps. This is the first public acknowledgment that Jesus is the Messiah, a sign that even before birth, Christ's presence is recognized and celebrated.
 - **Reflection:** In what ways can you be "filled with the Holy Spirit" to recognize the presence of Christ in your own life and in the lives of others?